5<sup>th</sup> Masterclass in Arthroplasty Surgery

Current Concepts in Hip & Knee Reconstruction

# MAST



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## FINAL PROGRAM

Under the auspices of

ΑΡΙΣΤΟΤΕΛΕΙΟ ΠΑΝΕΠΙΣΤΗΜΙΟ ΘΕΣΣΑΛΟΝΙΚΗΣ



5<sup>th</sup> Masterclass has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME<sup>®</sup>) with **20** European CME credits (ECMEC<sup>®</sup>s)



Concert Hall **Thessaloniki** 



Masterclass in ARTHROPLASTY SURGERY

Concert Hall **Thessaloniki** 

## WELCOME ADDRESS

Dear Colleagues

On behalf of the European Hip Society (EHS), it is our pleasure to invite you to the 5<sup>th</sup> Masterclass in Arthroplasty Surgery Conference, which will take place on December 7<sup>th</sup>-9<sup>th</sup> 2018 in Thessaloniki. Over 100 presentations will be delivered by 46 distinguished National & International experts in a very intense 3 day course.

MAST 5 will present all the current hip and knee arthroplasty concepts and debates, enhanced by a full day of hands on practical sessions focusing on Revision Arthroplasty and related Technology. The majority of the presentations are video-based as the primary aim is to technically educate Orthopaedic Specialists with an interest in joint arthroplasty & revision.

Delegates will also have the opportunity to experience the Hip & Knee Virtual Reality Training Platform and young Specialists who wish to apply for the Tsiridis-Frimley Park Fellowship will have a preliminary interview with the faculty.

We are looking forward to welcoming you in the hospitable city of Thessaloniki.

Kind regards

**Eleftherios Tsiridis** MD, PhD, FACS, FRCS Congress President

**Fares Sayegh** MD, PhD President of Scientific Committee

Jean-Alain Epinette MD, PhD President of EHS

#### in ARTHROPLASTY SURGERY

Concert Hall **Thessaloniki** 

## Baroved by: Ho

### COMMITTEES

#### ORGANIZING COMMITTEE

#### President - Chair: Tsiridis E.

Epinette J.A. Sayegh F. Potoupnis M. Macheras G. Beletsiotis A. Bitounis V. Alvanos D.

07-09 December 18

> Digas G. Dionellis P. Papavasiliou K. Gkoutziomitrou E. Ioannidis G. Kenanidis E. Topalis Chr.

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#### International

Epinette J.A. Macauley W. Kendoff D. Atilla B. Long W. Trebse R. Poultsides L. Marin-Pena O. Sturridge S.

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Metaxiotis D.

Nakopoulos I.

Papagelopoulos P.

Papavasiliou K.

Petsatodis G.

Potoupnis M.

Sarris I.

Sayegh F.

Tilkeridis K.

Topalis Chr.

Tsiridis E.

Nikolaou P.

Nikolaou V. Papadopoulos P.

Malizos K.

Megas P.

#### Hellenic

Adam St. Alvanos D. Babis G. Beletsiotis A. Bitounis V. Christodoulou A. Christoforidis I. Digas G. Dionellis P. Drosos G. Galanis N. Givissis P. Goutziomitrou E. Ioannidis G. Kapetanos G. Karachalios Th. Koukoumbis Th.

#### International

Atilla B. Charity J. Christofilopoulos P. Epinette J. A. Fontalis A. Kenanidis E. Kendoff D. Kyriakidis Th. Long W. Macauley W. Marin Pena O. Moazen M. Poultsides L. Sturridge S. Trebše R. Wang K.



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## PROGRAM

## Friday December 7th 2018

#### **KNEE DAY - Combined Sessions & Video Surgery**

08.00-09.00 THE PRIMARY TKA (video-based presentation) Chairmen: Epinette J.A., Tsiridis E.

Fixed Valgus knee **Dionellis P.** 

The unstable Valgus knee is worst **Nikolaou V.** 

Post traumatic deformities & TKA **Kenanidis E.** 

The obese and osteoporotics **Adam St.** 

PS or CR best survival **Drosos G.** 

Discussion

09.00-10.00 NAVIGATION AND ROBOTICS UPDATE Chairmen: Petsatodis G., Beletsiotis A.

Hand held navigation for knees **Dionellis P.** 

Unis: medial lateral patellofemoral **Epinette J.A.** 

Patient specific TKA is it necessary? **Valanos N.** 

Kinematic vs mechanical alignment **Sturridge S.** 







Vice Rector for Human Resources, Professor of Law School, Aristotle University, Thessaloniki, Greece

Welcome Speech

Shifting the Paradigm: Educating for 21<sup>st</sup> Century Needs **Vlachos Panos** *President Anatolia College/American College of Thessaloniki* 

19.00-20.00 Cocktail Reception

Masterclass in ARTHROPLASTY SURGERY 07-09 DECEMBER 18 Concert Hall Thessaloniki

## PROGRAM

## Saturday December 8th 2018

#### **HIP DAY**

#### 08.00-09.00 CONSERVATIVE HIP SURGERY (video based presentation) Chairmen: Sturridge S., Macheras G.

Hip School: Understanding radiographs & treatment **Kenanidis E.** 

Hip Arthroscopy: to be or not to be **Christofilopoulos P.** 

Safe Hip Dislocation: myth and realities **Tsiridis E.** 

Hip osteotomies for young adults **Metaxiotis D.** 

PAO surgery: who dares wins? **Marin-Pena O.** 

Discussion

#### 09.00-10.00 HIP APPROACHES & SPINO PELVIC INSTABILITY (video based presentation) Chairmen: Babis G., Christodoulou A.

Mini anterior vs mini posterior **Bitounis V.** 

Is the anterior really extendable? **Christofilopoulos P.** 

Why posterior is better for dysplasia and revision **Sturridge S.** 

Spino-pelvic instability: understanding and implementation **Marin-Pena O.** 

Primary THA in a Hip with previous surgery **Macheras G.** 



| PROGRA | IV/I |
|--------|------|
|        |      |

## Saturday December 8th 2018

#### 10.00-11.00 INTRAOPERATIVE AND EARLY POSTOPERATIVE COMPLICATIONS Chairmen: Petsatodis G., Christoforidis I., Nikolaou P.

Intraoperative acetabular fractures: don't ignore the enemy **Tilkeridis K.** 

Failed acetabular fixation: cement or not cement **Bitounis V.** 

Early stem subsidence: who to blame? **Babis G.** 

Component malposition and LL discrepancy **Koukoumbis Th.** 

Biofilm updates: too late to salvage the prosthesis **Malizos K.** 

Early infection: definition and management **Trebse R.** 

Discusion

11.00-11.30 Coffee Break



## PROGRAM

### Saturday December 8th 2018

#### 11.30- 13.00 REGISTRY RESULTS, BEARING SURFACES, SOCKET & STEM DESIGNS Chairmen: Bitounis V., Epinette J.A.

Cemented vs Uncemented for the over 70 **Charity J.** 

Uncemented stem designs: does one fit all patients **Kenanidis E.** 

Short stems: are they here to stay? **Drosos G.** 

Is ceramic on poly the best couple? **Papavasiliou K.** 

Monoblock sockets revisited **Macheras G.** 

Dual mobility updates **Epinette J.A.** 

Constrained liners: are they still usefull **Nikolaou V.** 

Taper corrosion & neck modularity ALVAL: diagnostic protocol **Kendoff D.** 

Stem design and choice for the obese **Sayegh F.** 

Discussion

#### 13.00-13.30 NEW TECHNOLOGIES ROBOTICS & NAVIGATION Chairmen: Christodoulou A., Sayegh F., Moazen M.

Macoplasty Hip **Tsiridis E.** 

Navigation will it be disappear after robots **Macauley W.** 

Finite Element Analysis and implant design in arthroplasty **Wang K.** 

How to remove implants and cement **Govaers K.** 

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## PROGRAM

## Saturday December 8th 2018

#### 13:30-14:00 ROBOTICS & NAVIGATION: NEW CONCEPTS IN JOINT ARTHROPLASTY Chairman: Tsiridis E.

VR & AR navigation prospects: the future is here **Macauley W.** 

The war of robots: Robotic Arm Assisted Surgery vs Robots **Long W.** 

14.00-14.30 Coffee Break

#### 14.30-15.30 YOUNG ADULT THA FOR DEFORMITY OF THE HIP (video based presentation) Chairmen: Babis G., Macheras G.

Classification and radiological assessments **Topalis Chr.** 

DDH dealing with the socket reconstruction **Atilla B.** 

DDH dealing with the femoral site **Karachalios Th.** 

Shortening osteotomy for Hartofylakidis C. dislocations how to do it  ${\bf Kendoff}~{\bf D}.$ 

Dealing with the valgus unstable knee after THA for DDH: Osteotomy? **Nakopoulos J.** 

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## PROGRAM

## Saturday December 8<sup>th</sup> 2018

#### 15.30-16.45 SOCKET REVISION UPDATE (video based presentation) Chairmen: Bitounis V., Kendoff D.

Classification of the socket **Atilla B.** 

Removing the cemented and uncemented socket **Babis G.** 

Trabecular metal augments: is it the gold standard? **Megas P.** 

Jumbo sockets, cup on cup and cages **Marin Pena O.** 

Chronic pelvic dissociation distraction technique **Sturridge S.** 

Custom triflanges **Tilkeridis K.** 

Discussion

#### 16.45-17.30 STEM REVISION UPDATE (video-based presentation) Chairmen: Sayegh F., Trebse R.

ETO how to do it properly & a new concept **Megas P.** 

Cemented IG technique **Charity J.** 

Uncemented modular distal tapered anatomical stems are they better? **Papaggelopoulos P.** 



## PROGRAM

## Saturday December 8th 2018

#### 17.30- 18.30 THA COMPLICATIONS UPDATE 2018 Chairmen: Charity J., Malizos K.

Diagnosis of infection: A practical algorithm **Sarris I.** 

Stage 1 vs stage 2 revision: Is it allowed and when? **Trebse R.** 

What to do for abductor insufficiency **Christofilopoulos P.** 

Periprosthetic femoral fractures **Potoupnis M.** 

Periprosthetic acetabular fractures **Tilkeridis K.** 

Dislocations is it still a problem with the larger heads? **Papaggelopoulos P.** 

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## PROGRAM

## Sunday December 9th 2018

#### **PRACTICAL HANDS ON SESSIONS & FELLOWSHIP EXAMS**

- 08:00-09:00 Examinations for the Tsiridis Frimley Park Orthopaedic fellowship
- 09:00-11:00 Interviews for the Tsiridis Frimley Park Orthopaedic fellowship UK & Hellenic faculty
- 09.00-13.00 HANDS ON WORKSHOP Sayegh F., Nikolaou V., Sturridge S., Charity J., Drosos G., Potoupnis M., Tilkeridis K., Dionellis P., Koukoumbis Th., Ioannidis G., Nakopoulos I., Kenanidis E., Topalis Chr.

Hip revision: Modular stems and socket augments

Knee revision: TC3, CCK and tumor prosthesis

Exeter Hip Course: cemented THA technique (Exeter certificate)

Cemented spacers

VR training in arthroplasty THA TKA

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07-09 December 18

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## **INDEX OF SPEAKERS**

#### **Adam Stergios**

Orthopaedic Surgeon, Thessaloniki, Greece

#### Atilla Bullent

Professor of Orthopaedics and Traumatology, Hacettepe University, Dpt. of Orthopaedics and Traumatology, Ankara, Turkey

#### **Babis Georgios**

Professor and Chairman of Orthopaedic Surgery, National and Kapodistrian University of Athens, Greece

#### **Beletsiotis Anastasios**

Director of Orthopaedic Dpt., Papageorgiou General Hospital, Thessaloniki, Greece

#### **Bitounis Vassilios**

Consultant Orthopaedic Surgeon, Athens, Greece

#### **Charity John**

Assoc. Specialist in Trauma and Orthopaedics, Elective and Trauma Hip Surgery, Princess Elizabeth Orthopaedic Centre, Exeter, UK

#### **Christodoulou Anastasios**

Professor of Orthopaedic Surgery, Aristotle University of Thessaloniki, Thessaloniki, Greece

#### **Christofilopoulos Panayiotis** Chief Surgeon, Hôpital de La Tour, Geneva, Switzerland

Christoforidis Ioannis

Emeritus Professor of Orthopaedics, Aristotle University of Thessaloniki, Greece

#### **Dionellis Panayiotis**

Consultant Orthopaedic & Trauma Surgeon, Kilkis General Hospital, Hippokration General Hospital of Thessaloniki, Greece

#### **Drosos Georgios**

Assoc. Professor of Orthopaedic Surgery, Democritus University of Thrace, Alexandroupolis, Greece

#### Epinette Jean Alain

President of the European Hip Society, Clinique Medico-Chirurgicale, Orthopaedic Department, Bruay Labuissière, France

#### Fontalis Andreas

Department of Oncology and Metabolism, University of Sheffield, Sheffield, UK

#### **Galanis Nikiforos**

Assist. Professor of Orthopaedic Surgery, Papageorgiou General Hospital, Aristotle University of Thessaloniki, Greece

#### **Givissis Panagiotis**

Professor of Orthopaedic Surgery, Head of 1<sup>st</sup> Orthopaedic Clinic, Aristotle University of Thessaloniki, Thessaloniki, Greece

#### Goutziomitrou Evangelia

Director of Anesthesiology Department, Papageorgiou General Hospital, Thessaloniki, Greece

#### **Govaers Kris**

Consultant Orthopaedic Surgeon, St. Blasius Hospital, Antwerp, Belgium

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#### **Ioannidis Georgios**

Consultant Orthopaedic Surgeon, Hip and Knee Reconstruction, Euromedica, Thessaloniki, Greece

#### **Kapetanos Georgios**

Emeritus Professor of Orthopaedic Surgery, Aristotle University of Thessaloniki, Greece

#### **Karachalios Theofilos**

Professor of Orthopaedic Surgery, University of Thessaly, Larissa, Greece

#### **Kenanidis Eustathios**

Consultant Orthopaedic Surgeon, ICAROS, Thessaloniki, Greece Honorary Senior Research Associate, UCL Department of Mechanical Engineering, London, UK

#### Kendoff Daniel

Surgeon in Chief, Helios Klinikum Berlin Buch, Germany

#### **Koukoumbis Theodosios**

Consultant Orthopaedic Surgeon, Interbalkan Medical Center, Thessaloniki, Greece

#### **Koutouzas Aristidis**

Consultant of Anesthesiology Department, Papageorgiou General Hospital, Thessaloniki, Greece

#### **Kyriakidis Theofilaktos**

Consultant Orthopaedic Surgeon, Department of Orthopaedic Surgery and Traumatology, Erasme University Hospital, Universite Libre de Bryxelles, Brussels, Belgium

#### Long William

Assoc. Clinical Professor of Orthopaedic Surgery, New York University, New York, USA

#### **Macauley William**

Professor of Orthopedic Surgery, Medical Director, International Patient Services, NYU Langone Health, USA

#### **Macheras Georgios**

Consultant Orthopaedic Surgeon, KAT Hospital, Athens, Greece

#### Malizos Konstantinos

Professor of Orthopaedic Surgery, Chairman of Orthopaedic Surgery & Musculoskeletal Trauma, University of Thessaly, Larissa, Greece

#### Marín-Peña Óliver

Consultant of Orthopedic Surgery and Traumatology, Hip-Knee Orthopedic Department, University Hospital Infanta Leonor, Madrit, Spain

#### Megas Panayiotis

Professor of Orthopaedic Surgery, University of Patras, Greece

#### Metaxiotis Dimitrios

Consultant Orthopaedic Surgeon, Papageorgiou General Hospital, Thessaloniki, Greece

#### Moazen Mehran

Lecturer in Biomedical Engineering, UCL Mechanical Engineering, University College London, London, UK

#### Nakopoulos Ioannis

Consultant Orthopaedic Surgeon, ICAROS Thessaloniki, Greece

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## **INDEX OF SPEAKERS**

#### Nikolaou Pantelis

Orthopaedic Surgeon, Director of the Orthopaedic Clinic, Sports Medicine Division, Athens Medical Center, Greece

#### **Nikolaou Vassilios**

Assist. Professor of Orthopaedics, School of Medicine, National and Kapodistrian University of Athens, Greece

#### **Papadopoulos Periklis**

Assoc. Professor, Chairman of the Orthopaedic Department, G. Gennimatas General Hospital, Thessaloniki, Greece

#### **Papagelopoulos Panayiotis**

Professor of Orthopaedic Surgery, Director of the University Orthopaedic Department, Attikon Hospital, National and Kapodistrian University of Athens, Greece

#### **Papavasiliou Kyriakos**

Consultant Orthopaedic Surgeon, Papageorgiou General Hospital, Thessaloniki, Greece

#### **Petsatodis Georgios**

Emeritus Professor of Orthopaedics, Aristotle University of Thessaloniki, Greece

#### **Potoupnis Michael**

Assist. Professor of Orthopaedic Surgery, Papageorgiou General Hospital, Aristotle University of Thessaloniki, Greece

#### Sarris Ioannis

Assoc. Professor of Orthopaedic Surgery, Aristotle University of Thessaloniki, Greece

#### Sayegh Fares

Professor of Orthopaedic Surgery, Director of the 3<sup>rd</sup> Orthopaedic Department, Papageorgiou General Hospital, Aristotle University of Thessaloniki, Greece

#### Sturridge Sebastian

Consultant Orthopaedic Surgeon, Frimley Park Hospital Foundation Trust, Portsmouth, UK

#### Tilkeridis Konstantinos

Assist. Professor in Trauma & Orthopedics, Democritus University of Thrace, Greece

#### **Topalis Christos**

Consultant Orthopaedic Surgeon, ICAROS Thessaloniki, Greece

#### Trebše Rihard

Assist. Professor, Valdoltra Orthopaedic Hospital , Ankaran, Slovenija

#### **Tsiridis Eleftherios**

Professor of Orthopaedic Surgery, Papageorgiou General Hospital, Aristotle University of Thessaloniki, Greece Secretary General European Hip Society

#### Valanos Nikolaos

Consultant Orthopaedic Surgeon, Papageorgiou General Hospital, 3<sup>rd</sup> Orthopaedic Department, Thessaloniki, Greece

#### Wang Katherine

PhD Candidate in Biomechanics and Implant Design, University College London, Middlesex London, UK

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## PRACTICAL HANDS ON SESSIONS

## Sunday December 9<sup>th</sup> 2018

09.00-13.00 HANDS ON WORKSHOP Sayegh F., Nikolaou V., Sturridge S., Charity J., Drosos G., Potoupnis M., Tilkeridis K., Dionellis P., Koukoumbis Th., Ioannidis G., Nakopoulos I., Kenanidis E., Topalis Chr.

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Knee revision: TC3, CCK and tumor prosthesis

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Cemented spacers

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VR training in arthroplasty THA TKA

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in ARTHROPLASTY SURGERY

Concert Hall **Thessaloniki** 

## **GENERAL INFORMATION**

#### **Dates and Congress Venue**

December 7th - 9th 2018 Thessaloniki Concert Hall

Masterclass

07-09 December 18

Thessaloniki Concert Hall

(25, Martiou Street, Building M2, Glass building, Tel: + 30 2310 895904, http://www.tch.gr)

#### **Registration Fees**

| -   | Registration Fee |
|---|------------------|
| Specialist  | 200€             |
| Residents   | 150€             |
| Physiotherapists                                      | 100€             |
| Nurses / Students                                     | 20€              |
| Workshop: Hip revision                                | 120€             |
| Workshop 1: Knee revision                             | 120€             |
| Workshop 2: Exeter Hip Course: cemented THA technique | 120€             |
| Workshop 3: Cemented spacers                          | 120€             |
| Workshop 4: VR training in arthroplasty THA TKA       | 120€             |

The above mentioned rates include VAT 24%

#### **Registration Fees Include**

- Attendance to the Scientific Program
- Congress material
- Admission to the Exhibition
- Certificate of attendance

#### The registration fees for Students Include

- Attendance to the Scientific Program
- Certificate of Attendance
- Admission to the exhibition
- Registration to a workshop requires registration to the Masterclass

#### **Official Language**

English will be the official language of the Congress and no simultaneous translation will be provided.

#### **CME** Accreditation

The 5<sup>th</sup> Masterclass in Arthroplasty Surgery has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME<sup>®</sup>) for a maximum of 20 European CME credits (ECMEC<sup>®</sup>s).

Masterclass in ARTHROPLASTY SURGERY

> Concert Hall **Thessaloniki**

## **GENERAL INFORMATION**

#### Certificate of Attendance

07-09

DECEMBER 8

According to the European Accreditation Council for Continuing Medical Education (EACCME<sup>®</sup>), each medical specialist should claim only those credits that he/she actually spent in the educational activity.

Certificates will be provided after the completion of the Scientific Program.

#### Bar Code

A bar code system will be implemented during the Congress, to register the general participation of all delegates.

#### **Congress Badge**

Delegates are obliged to show their congress badge at the entrance of congress hall for their attendance time to be registered.

#### Exhibition

Within the Congress area there will be an exhibition of medical equipment and pharmaceutical products.

#### Presentations

Available visual equipment for all presentations will be through power point presentation. For power point use, your presence to the "technical reception desk" is required one hour prior to the time of your presentation in order to check the compatibility of your cd or usb stick and to copy the relevant files.

#### Insurance

We cannot accept responsibility for any personal loss, accidents or damages to participants and/or accompanying persons.

Participants are strongly advised to obtain personal insurance to cover any eventuality that may occur during the Congress.

#### **Congress Secretariat**



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## NOTES

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References

Averements
1. Unestemann T, Bastian A, Schmidt W, et al. A novel technique for studying proximal femoral bone morphology for hip implant design. 56th ORS Annual Meeting. New Orleans, LA, USA, March 6-9, 2010. Poster #2217.
2. Wuestemann T, Bastian A, Parvizi J, et al. A novel tapered hip stem design optimized for femoral fit in a wide array of bone types. 12th EFORT Congress, Copenhagen, Denmark, 1-4 June 2011. Presentation. Fit based on 556 CT scans

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